563 852 rite. Three rush baskets filled with different kinds of grain are brought into the room. One supports the sieve in which the infant is lying. When it is time for the bath, the midwife shakes the sieve, as if to sift both the child and the corn. Then she puts the grain back into the basket, wraps up the child and sprinkles a few grains upon it.

853 243 431 465 The word *fiṭâma*, used for the weaning of children, is also used for the tenth and last watering of the maize. Sweet cakes are given to the workers that day, as to the mother, for it is the last day of suckling.

243 777 789 Harvest is always accompanied by symbolic acts. Before reaping begins, the best ears are taken and plaited into a kind of doll called the 'Bride of the Corn', which is hung up in the house to bring good luck during the ensuing year. Similarly, to bind the chain of life, the biggest grains are mixed with the seed for the next sowing, and a few fine loaves are slipped into the heap on the threshing-floor to be winnowed and sieved.

782 789 Mgr Khouzam, reporting on his pastoral visit in November 1937, wrote as follows: "On entering their houses, I blessed water, bread and corn. They drank some of the water and used the rest to sprinkle themselves, their cattle and their houses. The corn they flung into their fields. As for the bread, I was made to break it and eat a little of it. The rest they kept among their stores that God might bless what they had laid by."

789 465 431 735 248 The joy of harvest shines also on those who have not ploughed, but whose work in the village has benefited the whole community. Tradition allots the first fruits of the harvest to the reciter, the barber, the cantor of the mosque, the schoolmaster and the carpenter. After these have claimed their sheaves, the poor come to glean their share. Cotton-picking, however, gives rise to no sort of ceremony. This is perhaps because cotton has only recently been introduced; or because it is grown for profit and not for daily bread (44).

245 The date palm, on the contrary, is as old as Egyptian agriculture itself, and figures at all times in the life of the people. They turn to this tree for shade and for roofing, for beds and coops, for ropes and brushes. We have seen its

branches in use to adorn the bride's canopy and the tombs of the dead. 245

The day after his wedding the bridegroom strips a palm branch, splits it at the point and goes to touch his friends with it for good luck. To strike a man with a green palm branch brings blessing. Palms to the fellah are like flowers, and there can be no procession or wedding or funeral without them. 585 777

The pollen of a male date-palm mixed with water is a charm against childlessness. On the other hand, to swallow one, two, or three date-stones will prevent childbearing for as many years. 777 842

Magic and medicine are confused in the traditional use of the products of the earth to preserve or recover health. The startling pharmacopœia of the fellaheen is to be put down partly to experience but chiefly to superstition. They have taken whatever came to hand and used it : for the bowels an infusion of palm or maize leaves ; for the eyes onion juice or charred cotton ; for broken bones acacia gum ; for swellings or rheumatism bandages of hemp. The treatment clearly depends on what plants they have within reach, and the effect, in great part, on credulity. 755 757 278

Those peasant traditions, unquestioned and irresistible, are largely superstitious. Miss Blackman gives the greater part of her book (**) to describing superstition in its thousand forms, as if the whole life of the fellaheen were passed in these sub-rational affairs. Too much weight, probably is laid on fellah superstitions. They arerec orded with a certain condescension, and in spite of all that has been published on the subject there are still many gaps. However, there is no point in enriching the collection, since there is nothing original in it. Most of these customs are common to the whole of the East or to Islam. The rest, which go back beyond Christianity to ancient Egypt, are one more illustration of the changelessness which was the subject of our first chapter. 183 171 178

It is certain that these benumbing practices of the fellaheen are even more effective than their manner of life in isolating them and bringing about that withdrawal which 'man creates for himself by the whole structure which he founds on his own labour'. To a way of living which itself weighs him to the ground the fellah adds the burden of these ritual observances.